Session Four:
Country and Blue Grass

Introductory Essay
“Hearing History in Bluegrass's High, Lonesome Sound,” by Rachel Rubin, Professor of American Studies at the University of Massachusetts

Bluegrass is generally considered a sub-genre of country music that developed in the second half of the 20th century. Although for purposes of radio airplay bluegrass songs were programmed on country music stations beginning in the late 1940s, bluegrass as a musical form did not develop directly out of the generation of recorded commercial country music that preceded it. Rather, the two forms share the same roots in the traditional music of the Appalachian region and the Irish and Scottish ballads that informed it.

The description commonly offered of bluegrass that distinguishes it from mainstream country music is its “high lonesome sound.” This phrase was coined in 1963 by New Lost City Ramblers co-founder John Cohen, who used it to name a short film he made about Kentucky mountain music. The “high lonesome sound” quickly became a familiar catch-phrase for bluegrass music's emotionally intense, soaring-to-the-point-of-audible-strain vocal style, a style that often gives even happy songs an undercurrent of bleakness.

Musician Bill Monroe, considered the “father of bluegrass,” used to claim that he would practice a song by singing it as high as he could—and then go on stage and sing it a half-step higher. Monroe's boast seems to indicate that part of the bluegrass aesthetic is an underlying anxiety that you might not make it to that “high, lonesome sound”—and a combination of pride and relief when you do.

Some fifty years after the phrase was coined, “high lonesome” continues to capture the essence of bluegrass. The description communicates an essential truth about the music beyond concrete characterizations of its roots in Appalachian string band music, its most usual instrumentation (banjo, guitar, stand-up bass, fiddle, mandolin), or its most familiar repertoire.

A set of seeming contradictions has defined bluegrass from its beginning—so much so that it made perfect sense to dub as “lonesome” a musical style often used for dance parties. The biggest of these contradictions comes from the term “country” being applied to a kind of music that is in fact historically urban. In its most important early decades (the 1920s to 1940s), country music told the story of urbanization, and the genre’s relationship to rural living was more a musical epitaph for a way of life increasingly being left behind as both black and white Southerners fled the rural South for the promise of good jobs in the city.

An equally important contradiction is the conventional wisdom that country music, including bluegrass, is a strictly white European-based form. While it is true that racism
within the music industry artificially segregated music by white performers from music by black performers, the music itself reveals a strong tradition of cultural exchange. In bluegrass this exchange is visible in the centrality of the banjo, with its African roots, and in the influence of black musical forms such as blues and ragtime. Monroe, for instance, often cited as a central influence on his music a black musician named Arnold Schulz, with whom he played dances when he was young. The exchange of cultural forms can also be heard in shared songs, especially gospel songs, as well as common idioms, subject matter, and humor.

Perhaps the most interesting contradiction in our perception of bluegrass is that between old and new. Bluegrass is a relatively late development in country music, dating to a post-World War II boom in the recording industry more than two decades after commercial country music was first recorded. Yet practitioners of the genre have deliberately strived to come across as “old time” musicians. By the 1970s people were referring to “traditional bluegrass,” but this “tradition” does not stretch back very far in time.

From a historian's perspective, this characteristic of bluegrass as a new form that endeavored to sound old raises fascinating questions about what the music was trying to accomplish, culturally. Pete Seeger's description of bluegrass as “folk music on overdrive,” points to additional contradictions inherent in the bluegrass idiom -- between the valuation of extraordinary instrumental virtuosity and the presentation of players as “just folks,” and between a popular conception of the music as simple, “front-porch” playing and the reality that the music has always been played by professionals.

Professionalism and a sense of individual artistry, coupled with the story of rural to urban migration, figures in bluegrass's most important origin stories. Mandolin player Bill Monroe is universally credited with inventing the form, and the term “bluegrass” is taken from the name of his band, The Bluegrass Boys. Monroe formed the band after leaving his rural hometown of Rosine, Kentucky for Indiana, where he worked in an oil refinery. Monroe's band member Earl Scruggs is generally acknowledged as the inventor of bluegrass's signature syncopated, three-fingered style of banjo playing. Scruggs did so after leaving his rural birthplace in Shelby, North Carolina, to work in a nearby textile mill. In bluegrass’ early decades, musicians like Monroe and Scruggs often migrated twice. Having left the countryside for factory jobs, they then moved to cities with record labels and radio stations as their careers took off.

Beginning in the mid-1960s the outdoor multi-day bluegrass festival grew in significance until it became the most important way bluegrass is disseminated. The festivals are three- or four-day gatherings in which a dozen or more bands travel to perform and sell recordings. Participants camp out nearby or on-site. Amateur musicians in the audience bring instruments and take part in after-hours jam sessions in which featured performers may join.

For performers, festivals are hard work, involving extensive traveling, long days, multiple sets, and exposure to weather. Even if a band performs at many festivals a year,
it can be hard to make a living. Some musicians, such as Ricky Scaggs, Alison Krauss, and Keith Whitley, have successfully crossed over to more profitable “mainstream country” music, while some mainstream country musicians, such as Dolly Parton and Martina McBride, make bluegrass albums while keeping most of their output in mainstream country recordings.

The development of bluegrass music tells the story of movement, mixing and mindset: movement away from the rural South; mixing as urban life brought groups of people in contact with each other for the first time; and a new mindset as former Southerners grappled in their music with changes they faced in life around values, family and work.

It is no accident that bluegrass is full of songs about leaving. The leaving is sometimes literal, in songs about trains and taking to the road, such as Ralph Stanley's signature “Rank Strangers.” But sometimes the leaving happens in death, as in the Johnson Mountain Boys' “Weathered Gray Stone.” And in some bluegrass songs, leaving occurs through the end of a love affair—whether the break-up results from geographic separation or betrayal.

Along with songs about leaving, bluegrass is full of songs about work. Whether that work takes place in mines (“Dream of a Miner's Child”), on farms (“Thirty Years of Farming”), or in mills and factories (“Cotton Mill Man”), bluegrass and country performers have often acted as a vanguard, helping their audiences understand the workplace changes they face in an age of modernization and automation. In this way, bluegrass has functioned as a kind of popular historical record—a high, lonesome one—and today, it can be revelatory to ask why.

**Humanities Themes**

**Urbanization.** While some early recording was done in rural regions by traveling talent scouts, the establishment of a country music industry was largely an urban concern. The industrial changes of the 1920s and the unprecedented population shifts of the World War II era resulted in a new modern population of country-people-in-the-city. While country musicians would sometimes cultivate images of themselves as country people (although just as commonly would narrate leaving their homes “on the rural route”, e.g., Hank Williams) this music is made and sold by city people.

**Hybridity.** Despite popular assumptions of country music as rural ‘white folks’ music”, some of the earliest white country music was indistinguishable from the African American music of its time—segregated only by marketing and distribution, but not sound. The most important early country musicians, including Jimmie Rodgers and the Carter Family, were heavily indebted to African American music (and musicians) as their music demonstrates. In later years country music would incorporate the sound of Mexican horns, Hawaiian steel guitars, African American soul music, and other folk and popular music. In addition, the idea of country music as rural music does not reflect the
influence of non-rural and urban musicians who have written some of country music’s best songs in cities where they found an urban following.

**Class consciousness.** Country music has been an important venue for discussion of class position, class resentment, and class mobility in American popular culture. From early narratives of dispossession and disempowerment to more recent invocations of style and consumption patterns, country music has insisted that class matters in American life. Country musicians have often taken great pains to present themselves as “workers”--though just as frequently have flamboyantly worn the markers of their commercial success. The music has opened a decades-long discussion of what it means to be working-class in America.

**Cultural representations of work.** Country music has been deeply invested in representing work from its earliest days, when its narratives were consistently set in weave rooms, automobile factories and farms. Country performers have often acted as a vanguard, helping their audiences understand the workplace changes they were facing in the age of modernization and automation. For much of the 20th century country music was, perhaps more than any other popular music form, obsessed with work—e.g., Loretta Lynn (“Coal Miner’s Daughter”), Dolly Parton (“9 to 5”) and Merle Haggard (“Working Man Blues” and others). Through the multiple narratives of deindustrialization that have been created since the 1980s, country music has stayed with its concern with the workplace.

**Discussion Points**

1. What are some of the traditional values celebrated in bluegrass music? What musical traditions shaped its origins? How did the music change as the rural South became more industrialized? What other cultures and musical traditions influenced bluegrass as it developed?

2. Why do you think “lonesome” is such an important concept in bluegrass music—its sound, its lyrics and its packaging?

3. Why would you want a new musical form to come across as old?

4. As rural folk made their way to cities for work, pushed out by harsh conditions and attracted by the promise of a better life, they idealized the life they left behind. How is work represented in bluegrass songs? What sorts of jobs tend to be portrayed? How do the narrators feel about their work? In addition to work, what other themes are often heard in bluegrass songs? What historical events might these be connected to?

5. Bluegrass musicians sought musical innovation and seldom hesitated to re-tool older music into new form. What are the most important instruments in bluegrass? Where did they come from? What does their union represent?

6. How did the development of communications technology (first the phonograph, then
the radio and later television) affect the growth of bluegrass music? How did it impact the
career of Bill Monroe?

7. What was the earliest audience for bluegrass performances? How about later bluegrass
performances? Were these audiences the same people? What diverse groups does
bluegrass appeal to now?

Suggested Readings

Neil Rosenberg, *Bluegrass: A History*
Robert Cantwell, *Bluegrass Breakdown*
Stephanie Ledgin, *Homegrown Music: Discovering Bluegrass*
Thomas Goldsmith, ed. *The Bluegrass Reader*
John Wright, *Traveling the High Way Home: Ralph Stanley and the World of Traditional
Bluegrass Music*

Additional Documentary Films

*Hank Williams: Honky Tonk Blues*
DVD, 88 minutes, 2004, part of *American Masters*
Morgan Neville
PBS Video

*The Carter Family: Will the Circle Be Unbroken*
DVD, 60 minutes, 2005, part of *The American Experience*
Ben Loeterman
PBS Video

*Willie Nelson: Still is Still Moving*
DVD, 84 minutes, 2002
Steven Cantor
PBS Video

*America’s Music: The Roots of Country*
DVD, Six 50 minute episodes, 1996
Tom Neff and Jerry Aronson
TBS

*American Roots Music*
DVD, four 60 minute episodes, 2001, televised on PBS
Jim Brown
Palm Pictures
Sprout Wings and Fly  
DVD, 30 minutes, 1983  
Les Blank  
Flower Films  

Down from the Mountain  
DVD, 98 minutes, 2001  
Nick Doob, Chris Hegedus, D. S. Pennebaker  
Artisan  

Waiting in the Wings: African Americans in Country Music  
DVD, 90 minutes, 2004  
Henri Giles  
Black Box  

Discography  

High Lonesome: The Story of Bluegrass [Audio CD, 1994, CMH Records]  

With Body And Soul by Bill Monroe  
Jerusalem Ridge by Bill Monroe, Kenny Baker  
Fields Have Turned Brown by Ralph Stanley  
Going Across the Sea by Bill Monroe  
I Wonder How the Old Folks Are at Home by Mac Wiseman  
Rocky Top by Osborne Brothers  
Sunny Side of the Mountain by Jimmy Martin  
Paradise by Jesse McReynolds, Jim McReynolds  
Train 45 by Mac Wiseman  
Meet Me by the Moonlight by Stanley Brothers  
Voice From On High by Bill Monroe  
Gloryland by Ralph Stanley  
Muddy Waters by Seldom Scene  
Free Born Man by Jimmy Martin  
Ruby (Are You Mad at Your Man) by Osborne Brothers  
Little Georgia Rose by Seldom Scene  
Pretty Polly by Ralph Stanley  
I'm on My Way to the Old Home by Bill Monroe  

Online Resources  

Library of Congress American Folklife Center, www.loc.gov/folklife